

## registry checklist

Time to start “gearing up” for baby! Following the massive list the baby store offers will just overwhelm you. Here’s a checklist of what you will really need.

### nursery

- Crib, cradle, or bassinet
- Crib mattress
- 2-3 washable crib mattress pads
- 2-3 fitted crib sheets
- 4-6 soft, light receiving blankets
- 1-2 heavier blankets (for colder climates)
- Rocker or armchair
- Sound machine or dock to play music
- Crib mobile with black-and-white images (remove when baby can get on hands and knees)
- Baby monitor
- Night-light
- Dresser
- Toy basket
- Swing or bouncy chair

#### WARNING!

Crib bumpers aren't safe for baby.  
Skip them!

### changing gear

- Changing table or changing pad for low dresser or bureau, with safety strap or railing
- Changing table pad
- 2-3 changing table pad covers
- Diaper cream
- 10-12 soft washcloths (for changing wipes) or unscented baby wipes
- Diaper wipe warmer (really—a cold, wet cloth seems harsh!)
- 6-8 dozen cloth diapers and 6-8 diaper covers, or 2-3 large boxes of disposable newborn-size diapers
- Diaper pail or trash can

### bath

- Baby bathtub
- Baby soap/shampoo
- 2-4 soft towels or hooded baby towels
- Baby hairbrush
- 2-4 soft washcloths (use a different color or pattern than your diaper washcloths!)

## feeding

- 2-3 nursing bras (breasts swell following birth, so start with one size larger than your maternity bra; wait until size settles down—about two weeks after birth—to purchase additional bras)
- Nursing pads
- Nipple cream
- Nursing pillow
- Breast pump (even if you only plan to nurse, a pump will allow you to leave milk for baby if you want or need to separate)
- Milk storage bags
- 6-8 burp cloths (or cloth diapers)
- 10-16 BPA-free, 4-ounce bottles and nipples (bottle-fed babies can go through about 10 per day)
- Bottle warmer (cuts down on nighttime trips to and from the kitchen)
- Bottle brush
- Dishwasher basket for small items
- 4-8 bibs
- High chair
- 2-4 pacifiers

## medicine cabinet

- Baby nail clippers
- Cotton balls (don't use swabs to clean baby's nose or ears)
- Baby thermometer
- Bulb syringe/nasal aspirator
- Medicine dropper
- Petroleum jelly and sterile gauze (for circumcision care)
- Infant acetaminophen (Tylenol)
- Antibiotic cream
- Saline nasal drops
- Baby gas drops
- Hand soap (for you)

## travel

- Infant or convertible car seat
- Stroller (reclining to almost flat for infants)
- Diaper bag
- Changing pad
- Baby carrier/sling